



"Winter Duathlons"

Sunday 23 September and Sunday 28 October 2007

Incorporating The

2007 TWA State Duathlon Championships

Sunday 28 October 2007

At John Tonkin Park, East Fremantle and Point Walter Reserve, Bicton

EVENT INFORMATION

| EVENTS /DISTANCES | AGE GROUPS | EVENT SCHEDULE |
|--|---|--|
| LONG COURSE /STATE CHAMPS 2km Run: 30km Cycle : 6km Run SHORT COURSE / JUNIOR 1k Run : 15km Cycle : 2k Run * Distances may be modified | LONG COURSE OPEN; 16-19; 20-24; 25-29; 30-34; 35-39; 40-44; 45-49; 50-54; 55-59; 60+; Teams SHORT COURSE 12-15; 16-19; 20-29; 30-39; 40-49; 50+ | ENTRIES CLOSE: Monday prior to each event LATE ENTRY FEE: +\$10 Registration: 6.15am – 6.40am Briefing: 6.40am Start: 6.50am |

ENTRY FEES

Non Triathlon WA Members add \$10 One Day Race License Insurance per event

Late Entry fee add \$10

| DISTANCE | September 23 | October 28 State Duathlon | Two Events Discount Entry | ENTRY FEE Please enter amount |
|--------------|--------------|---------------------------|---------------------------|----------------------------------|
| LONG COURSE | \$45 | \$60 | \$80 | |
| SHORT COURSE | \$40 | \$45 | \$65 | |
| JUNIOR | \$25 | \$30 | \$40 | |

ENQUIRIES

Telephone: TWA (08) 9387 2907 Mobile: 04 111 33 954 Email: sportsperformance@iinet.net.au

EVENT INFORMATION: www.triwa.org.au or www.allbarnone.com Course details / venues on the web by September 10

ENTRY FORM: Leave at BIKE FORCE (Subiaco; Myaree; Woodvale; South Perth; Fremantle; Balcatta)
PRINT CLEARLY or post to "Winter Duathlons", PO Box 253, Fremantle 6959

NAME: _____

ADDRESS: _____

_____ P/CODE: _____

CONTACT #: (H/W) _____ (M) _____

EMAIL: _____ DATE OF BIRTH: _____

AGE AS AT 31/12/2007: _____ TWA LICENCE #: _____ Triathlon Club: _____

TEAM NAME: _____ ENTRY FEE: \$ _____

WAIVER

LEGAL DECLARATION: (must be signed by all competitors)

In consideration of the acceptance of my entry. I do hereby, for my executors, assignees, release and forever discharge the organizers and their respective officials, agents, representatives and successors and or assignees and supporters from all claims and damages, demands, actions whatsoever in any manner arising out of my participation in this event(s). I agree to abide by the rules of the event and accept decisions made under them. I attest and verify that I have full knowledge of the risks involved in participating and that I have no physical or mental condition which has the potential to put myself or any other at risk and that I am physically fit and have trained sufficiently to participate in the event(s). I hereby consent to receive medical treatment which may be deemed advisory during the event. I hereby acknowledge responsibility for my own personal and athletic equipment. I agree that in the event of storm, rain, wind or other "Act of God" that the race organizers have the right to modify or cancel the event and my entry fee shall be non refundable.

SIGNATURES OF ENTRANTS: _____

Parent / Guardian to sign if under 18 years of age