



TWA Board Member Profile

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| Name: | Anne (Annie) Brinkworth |
| Board Position: | Vice President |
| Appointed to Board: | August 2005 |
| Qualifications: | Registered Nurse Post Grad Certificate in Critical Care Advanced Life Support Instructor Level 1 Triathlon Technical Official |
| Current Employment: | Medical Emergency Team Coordinator - SCGH |
| Number of years in Triathlon: | 15 ish |
| What was your first race? | Cannot remember – but it was a short one as part of a team because I couldn't swim! |
| Current Club: | Stadium Tri Club |
| Favourite leg and why: | Run – I am less appalling at it than the other disciplines |
| Favourite WA race and why: | Busso Half. It has been fantastic to see its development over the years into a world class event. And I also love Karri Valley – the club does a great job. |
| Favourite training session(s): | Sat morning runs in winter in Kings Park preceding breakfast at Zamia Cafe. Ocean paddles when the weather is nice. Transition to coffee shop after long rides. |

Most hated training session(s): Swimming but a necessary evil to follow that never ending black line. Needless to say I do the bare minimum and do not foresee an improvement. Ever.

Goals for 2010/11 season: Not get too much slower as I continue to chronologically deteriorate